

# "I GET TOO ANGRY." "I NEED HELP WITH MY ADDICTION." "NOW WHAT?"

#### Get Help Now MC.com

If you or someone you know is struggling with mental health, drug or alcohol challenges, help is here. Let us connect you to the resources you need.

- Prevention
- Treatment
- Support for individuals in recovery
- Training and workforce development

The Alcohol, Drug Addiction and Mental Health Services Board of Montgomery County believes that no one should suffer in silence.



A free app to locate addiction, mental health services & more.











### Calendar of Events

3-Feb 7:00 PM	LGBTQ AA LGBT Center
5-Feb 6:30 PM	LGBT Center Board Meeting LGBT Center
6-Feb 7:00 PM	Yoga LGBT Center
7-Feb	Deadline for Scholorships <a href="http://pflagdayton.org">http://pflagdayton.org</a>
8-Feb 7:00 PM	Annual Women's Valentines Dance LGBT Center
10-Feb 7:00 PM	LGBTQ AA LGBT Center
11-Feb 7:00 PM	PFLAG Montly Meeting Harmony Creek
12-Feb 7:00 PM	Pozitive Attitudes (HIV+ Group) LGBT Center
13-Feb 7:00 PM	Yoga LGBT Center
15-Feb 8:00 PM	HIV/STI Testing & Voter Regestration at the Center
16-Feb 6:00 PM	PRIDE Planning Meeting LGBT Center
17-Feb 7:00 PM	LGBTQ AA LGBT Center
18-Feb 7:00 PM	Gatlyn Dame Group - Trans Support LGBT Center
20-Feb 7:00 PM	Yoga LGBT Center
24-Feb 7:00 PM	LGBTQ AA LGBT Center
26-Feb 7:00 PM	Pozitive Attitudes (HIV+ Group) LGBT Center
27-Feb 7:00 PM	Yoga LGBT Center
29-Feb 1:00 PM	Annual Bowling for Pride Fundraiser Poelking Lns

If you worry about what might be, and wonder what might have been, you will ignore what is." *unknown* 

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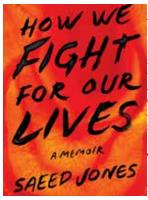
# Book Reviews

by: Terri Schlichenmeyer

aka: "The Book Worm"

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"How We Fight for Our Lives: A Memoir" by Saeed Jones c.2019, Simon & Schuster \$26.00 / \$32.00 Canada 193 pages



You can't pretend forever.

Eventually, the ruse gets tired, holding up pretenses becomes a burden, and keeping the game going is harder than telling the truth. You eventually have to break it down and let people know what you're about. But as in the new book "How We Fight for Our Lives" by Saeed Jones, take care before telling everybody. Saeed Jones was just twelve years old when his mother first uttered the word "gay," though he never thought it would be anything she'd ever

say. Afterward, the word was "vibrating in the air between us" but there'd be no conversation.

Jones knew even then that the word described him. Fascinated by men, he spent hours clipping pictures of male models from his mother's fashion magazines, and he furtively read everything about gay men and AIDS that he could find at his local Texas library.

The library was also where he had his first sexual encounter with a stranger, at age 16.

That, too, was something he'd never tell his mother but he sensed she knew his truth: some days, he'd find his clippings in shreds, in a plastic bag on the kitchen counter, and he'd just start another collection. There was no discussion then, either.

By the time he graduated from high school, Jones knew that his life was not "twenty minutes north of Dallas" anymore. He envisioned himself walking around Manhattan, exploring the city, and he aimed for college there but it wasn't financially possible. Instead, he went to Bowling Green, Kentucky, and he thrived.

On his own for the first time ever, Jones realized he could be any Saeed Jones he wanted to be, but ultimately, he was freest being his gay self. Away from home, he made friends, joined college groups, drank too much, slept with men he barely knew, and he learned that "the words 'gay' and 'alone' weren't synonyms for each other."

And then one night, he went home with the wrong man... On so many levels, "How We Fight For Our Lives" is a heart-breaking and beautiful book.

The most unforgettable parts lie where author Saeed Jones writes about more than just himself and his own observations; a good portion of his tale is his mother's. She recognized her son's life but she obviously struggled with knowing-not-knowing and there's a sharp pain in that, pain that leaps from the pages. The bulk of this story – the part that seizes readers by the shirt-front – is spent watching Jones come to terms as he comes of age. Seeing him grow from self-absorbed young man into self-confident adult is satisfying, albeit cringe-worthy, because you come to understand what beats him back as well as what makes his spirit soar. Knowing all that happens between the two is what'll keep you turning pages.

Be aware that this memoir can be raw, in both language and meaning, and there are graphic bits inside. Still, the power you'll see in "How We Fight for Our Lives" will make you want to tell everybody.





# LOVE IS LOVE KNOW YOUR STATUS - GET TESTED

SAT, FEB 15 | 9 PM - 1AM

**Greater Dayton LGBT Center** 

24 N. Jefferson St., Suite 200

FREE, CONFIDENTIAL, ANONYMOUS.

**HIV & STI TESTING** 

Presented by:





REGISTER TO VOTE ON SITE - LAST DAY TO REGISTER FOR THE MARCH PRIMARIES IS FEBRUARY 17, 2020 ONLY 1 IN 5 LGBTQ+ ARE REGISTERED TO VOTE, MAKE YOUR VOICE COUNT!

#### LOVE IS LOVE

February is the time when we often think of couples and the strike of cupid's arrow. Yet no matter the relationship, a long term relationship or a prospective new one, all should be very aware of any unexpected gifts that could come with being sexually active.

On February 15th from 9 pm to 1 am we will be doing HIV and STI testing at the Greater Dayton LGBTQ Center, FREE of charge, for anyone who stops in. So stop by 24 N. Jefferson Street, Dayton and know your status!

Recently a study came out which revealed that only 1 out of 5 LGBTQ persons were actually registered to vote. This is extreamently concerning when you think of how our politician are attacking our community on every front, especially attacking our transgender community. One of the most effect ways we can fight back is at the ballot box. We must get out and vote for those representatives that will represent our community and not attack and attempt to legislate us out of exisitance or make laws that deminish our rights!

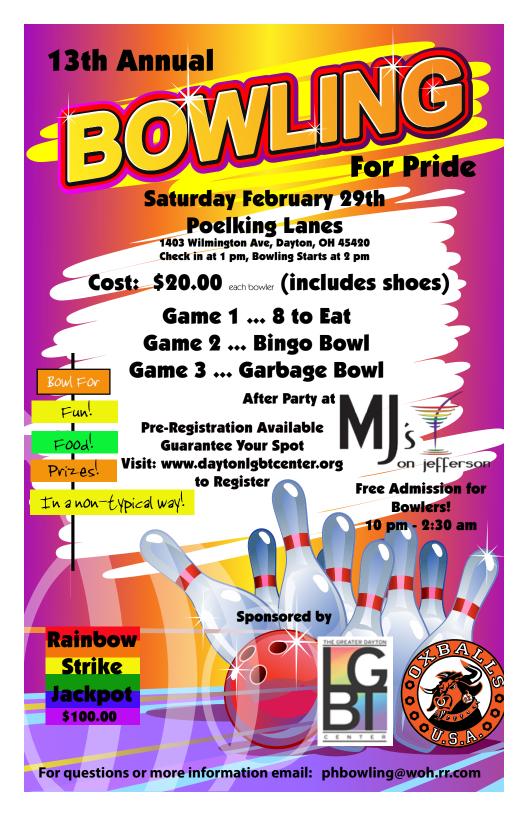
It has never been more important for every LGBTQ+ person to make sure they are registered to vote and then get to the polls and vote for the candidate that will represent you. I will not tell you who to vote for, but I will tell you that you need to vote!

At our testing event on February 15th we will be registering people to vote in the upcoming elections. What will you need to register:

- 1. Name and address
- 2. Your Drivers license number or State ID number
- 3. Date of Birth
- 4. The last 4 digits of your social security number

If you have or can bring with you these 4 items, we will register you to vote in the upcoming elections. The deadline to be able to vote in the March elections is February 18th, so stop by the LGBT Center on February 15th and we will be happy to assist you in getting registered to vote.

See you on February 15th!



#### **Bowling For PRIDE**

Join us for our 13th Annual Bowling for PRIDE Fundraiser. This fundraiser helps to pay for all the permits, advertising, rentals and the various expenses that go along with putting on our Annual Pride Celebration. Each year we strive to put on a larger and greater celebration than the previous year so that can also mean more cost. So fundraiser like this become all the more important.

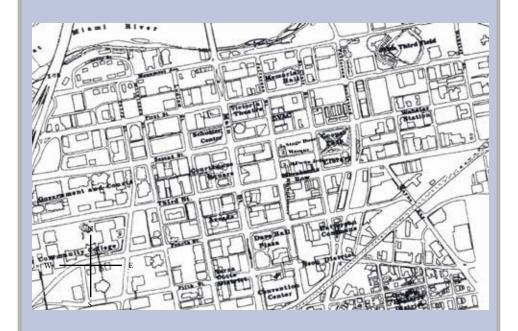
This year for Bowling For Pride we have a great event planned. Many of the lanes are selling out already so early registration is suggested. Just visit the Center's website to find the link to register today. http://daytonlgbtcenter.org/

A huge part of our fundraising efforts is our annual raffle that takes place at Bowling For Pride. This year we have a lot of great prizes to offer as apart of that raffle. We have concert tickets to "Cher" in Cinncinnati, and tickets to Cedar Point, many fine resturant gift certificates, and great amount of "Adult Items" as well to offer for this raffle. So plan to be there and enjoy the day, as we raise funds for pride, win some prizes, and truly enjoy the day!





## Gay Dayton Map



18 +	18 and Up	E	Other Entertainment	N/H	Neighborhood
A	Alternative	F	Food	S	Strippers
AH	After Hours	G/S	Gay/Straight	T	Mature
С	Country	K	Karaoke	V	Video
D	Dance	L	Leather	W	Women
DG	Drag	M	Men	Y	Young

- 1. Argo's, 301 Mabel Street 252-2976 (M,L,E,S)
- 2. Evolution, 130 N Patterson 203-2582 (18+,Y,G/S,D,E,V,DG)
- 3. MJ's on Jefferson, 20 N. Jefferson 223-7340 (18+,F,M,D,S,E,DG,V,K)
- 4. Right Corner, 105 E. Third St 228-2033 (NH,M,T,E)
- 5. Stage Door, 44 N. Jefferson St 223-7418 (M,L,C,K,T,NH,E)
- 6. Natalie Clifford Barney Historical Marker
- 7. The Greater Dayton LGBT Center, 24 N. Jefferson 274-1776

### www.GayDayton.org

#### mjsonjefferson.com



20 N Jefferson St - Dayton, OH - 45402

Hours 3 pm - 2:30 am 7 days Happy Hour 3 pm - 9 pm Monday - Saturday

M J's Kitchen Hours: Sunday, Tuesday, Wednesday, Thursday 7 pm to Midnight Friday & Saturday 7 pm to 2 am